

# AUGUST | 2024

## Rensselaer Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>25 <b>Each day student may sub Main Protein item on A-line tray for Diced Ham &amp; Cheese for topping for Chef Salad. Or Cold Meat &amp; Cheese Sandwich</b></p>	30	31	1	2
5	6	7	8 Breakfast: UBR Fruit-Juice-Milk Lunch: Breaded Chicken on Bun Baby Carrots-Salad Bar Applesauce or Fresh Fruit Teddy Grahams Milk	9 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Hot Dog on Bun Baked Beans Salad Bar Fruit Cocktail or Fresh Fruit Milk
12 Breakfast: Pancake Fruit-Juice-Milk Lunch: Ham & Cheese Sandwich Sliced Tomato/Salad Bar Peas & Carrots Pears or Fresh fruit Milk	13 Breakfast: Toast Fruit-Juice-Milk Lunch: Quesadilla/Salsa Refried Beans Fiesta Bar Juice or Fresh Fruit Milk	14 Breakfast: Cracker-Yogurt Fruit-Juice-Milk Lunch: Cheese Pizza Broccoli Salad Bar Strawberries or Fresh Fruit Milk	15 Breakfast: Breakfast Pizza Fruit-Juice-Milk Lunch: Spaghetti Green Beans-Salad Bar Peaches or Fresh Fruit Breadstick Milk	16 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Sub Sandwich Sliced Tomato/Salad Bar Baby Carrots Juice or Fresh Fruit Milk
19 Breakfast: French Toast Fruit-Juice-Milk Lunch: Chicken Nuggets Glazed Carrots Salad Bar Orange Wedges or Fruit Cookie-Milk	20 Breakfast: Toast Fruit-Juice-Milk Lunch: Beef Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice or Fresh Fruit Milk	21 Breakfast: Muffin-Cheesestick Fruit-Juice-Milk Lunch: Pepperoni Pizza Broccoli Salad Bar Jell-O with Fruit or Fresh Fruit Milk	22 Breakfast: Cheese Biscuit Fruit-Juice-Milk Lunch: Chicken Noodles Mashed Potato Salad Bar Fruit Cocktail or Fresh Fruit Dinner Roll Milk	23 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Turkey & Cheese Sandwich Sliced Tomato/Salad Bar Normandy Blend Juice or Fresh Fruit Milk
26 Breakfast: French Toast Fruit-Juice-Milk Lunch: Chef Salad Diced Ham-Cheese-Lettuce Grape Tomato-Cucumber or Cold Meat Sandwich Jell-O with Fruit or Fresh Fruit Breadstick Milk	27 Breakfast: Toast Fruit-Juice-Milk Lunch: Chicken Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice or Fresh Fruit Milk	28 Breakfast: English Muffin Fruit-Juice-Milk Lunch: Sausage Pizza Broccoli Salad Bar Grapes or Fruit Milk	29 Breakfast: Bagel Fruit-Juice-Milk Lunch: Ham with Scalloped Potato Green Beans or Salad Bar Baked Apples or Fresh Fruit Dinner Roll Milk	30 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Corn Dog Baked Beans Carrots-Salad Bar Juice or Fresh Fruit Milk

### News

## Welcome Back Student's and Staff

RCSC once again will be implementing (CEP) for meals served on the National Lunch Program and School Breakfast Program for the 2024-2025 School Year.

All student enrolled at RCSC are eligible to receive a healthy breakfast and Lunch at school at **No charge** each day of the 2024-2025 school year. No further action is required of you.

Your child(red) will be able to participate in these meal program without having to pay a fee or submit an application.

Please note there will be no charging is allowed for Ala carte Milk or Ala carte Food.